

TF-CBT Training for CACs in the Carolinas

The Children's Advocacy Centers of North Carolina and the South Carolina Network of Children's Advocacy Centers are collaborating on a project to provide Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) training to Children's Advocacy Center associated therapists in North Carolina and South Carolina. **A portion of this training will focus on the delivery of TF-CBT via a telehealth model.**

What is Required

TF-CBT is the most well-supported, evidence-based treatment for children/youth and their caregivers who have experienced or been exposed to abuse, violence, or other potentially traumatic events, and who have clinically significant problems as a result. Participating clinicians will learn to deliver TF-CBT with high clinical competence and adherence to the treatment model from nationally approved TF-CBT trainers. Clinicians will also learn proven techniques for delivery of TF-CBT via a telehealth model. This training program will consist of multiple training activities, components, and modalities, including:

01. **Self-directed readings and the online webcourse, TF-CBTWeb 2.0**
02. **2 TF-CBT Learning Sessions - each will be 3 half days, via a virtual platform.**
03. **1 half day training session on delivery of TF-CBT via telehealth**
04. **14 one-hour clinical case consultation calls over 7 months on TF-CBT training cases**
05. **Collection and use of clinical assessment, fidelity, service delivery, and implementation tools and metrics.**

When and Where

All learning sessions will be conducted in a virtual format from 9am-2pm each day of training listed below.

- February 15, 2021 - Registration opens
- February 2021 - Pre-work learning completed
- March 10-12, 2021 - TFCBT Learning Session 1
- March 25, 2021 - Telehealth Delivery Session
- May 26-28, 2021 - TFCBT Learning Session 2
- October 31, 2021 - All program work completed

More Information

Participants completing all training requirements will receive a certificate of completion from SCNCAC/CACNC and will have met the training and clinical consultation call requirements for National Certification in TF-CBT.



Project BEST

Participants completing all requirements will be listed on the Project BEST Roster of Trained Professionals



Continuing Education

Up to 35 continuing education contact hours are available.



Registration Cost

This training is free of charge for SCNCAC and CACNC approved member CAC therapists with local CAC approval.

For more information and registration visit
cac-sc.org/TF-CBT