



Telehealth Delivery of TF-CBT Services for CACs in the Carolinas

The Children's Advocacy Centers of North Carolina and the South Carolina Network of Children's Advocacy Centers are collaborating on a project to provide Telehealth Delivery of Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) training to Children's Advocacy Center (CAC) associated therapists in North Carolina and South Carolina. **This stand-alone training is for CAC Therapists already trained in and providing TF-CBT services.**

What is Required

As many CACs in the Carolinas have gone virtual during the COVID-19 pandemic, some children have lost access to vital mental health services.



As a result, many CACs are using telehealth to deliver mental health services. In this training, which is provided by instructors from MUSC, clinicians will learn how to effectively provide this evidence-based treatment using telehealth technology, including specific techniques and electronic resources. This training will also provide those using, or looking to use telehealth technology, with some critical considerations and safeguards to keep in mind when providing TF-CBT to children via telehealth technology. This training program will consist of the following components:

01.

One 5 hour training session on delivery of TF-CBT via telehealth

02.

8 one-hour biweekly clinical case consultation calls over 4 months on at least one TF-CBT case using Telehealth

When and Where

This stand-alone training will be conducted in a virtual format from 9am-2pm on the date of training listed below.

- March 25, 2021 - Telehealth Delivery Session
- April - July 2021 - Consultation calls
- July 31, 2021 - All program work completed

More Information

Participants completing all training requirements will receive a certificate of completion from SCNCAC/CACNC.



Continuing Education

Up to 5 continuing education contact hours are available.



Registration Cost

This training is free of charge for SCNCAC and CACNC approved member CAC therapists with local CAC approval.

This training is also being offered as part of Cohorts 1 and 2 of our SCNCAC/CACNC 2021 TF-CBT training. If you are a therapist participating in one of the TF-CBT Cohorts in 2021 you do not need to register for this stand-alone training. This stand-alone training is for CAC Therapist already trained in and providing TF-CBT services who wish to have formalized training in delivery via Telehealth.

For more information and registration visit cac-sc.org/TF-CBT